



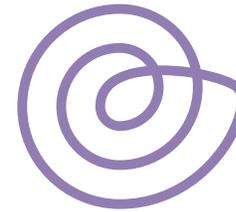
**manoma**<sup>®</sup>  
spa & wellness



*The Club*  
PALMILLA DUNES

For reservations please contact The Club Concierge at  
T. 624 1041960 or M. [clubconcierge@palmilladunes.com](mailto:clubconcierge@palmilladunes.com)

The Club extends signing privileges to all Members and Guests.



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## **MASSAGES**

60 min - 90 min - 120 min

Enjoy a relaxing and therapeutic experience with the Manoma philosophy. Our massages are great for relieving tension, soothing sore muscles, improving flexibility, relieving stress, and regaining physical and mental energy. Complete rest guaranteed.

### **SWEDISH**

Find harmony and relaxation with this soft and intuitive massage, which releases physical and mental stress.

### **DEEP TISSUE**

Strong and deep maneuvers help relieve chronic muscle tension, providing relief for typically tense areas.

### **SPORT MASSAGE**

Adjusted to meet the needs of individual patients, this style was designed for people who enjoy sports and an active lifestyle. This is suitable to do before activity to prepare the body and prevent injuries, or to relax the body after hours of training.

### **HOT STONE MASSAGE**

The Hot Stone Massage is a specialty massage to alleviate tension and stress. Our Massage Therapist uses smooth, heated stones to warm up tight muscles and work on pressure points to release tension in your back and shoulders. The perfect way to a peaceful, relaxing and invigorating experience.

## NATURA BISSÉ FACIALS

When it comes to absolute luxury, there is nothing more exquisite than our facial and ritual body treatments, which blend the latest in skin rejuvenation treatments with the newest technology to give a 360-degree change to your skin. All of our luxury treatments feature the internationally recognized Natura Bissé line.

### THE CURE

Deep cleaning. 60 minutes | Exceptional Beauty Care

Deep clean your skin, detoxifying it and ridding it of stress with the benefits of green tea. This meticulous cleaning process is based on thermo-active enzymatic detoxification. Heat is applied to open and soften the pores, and refreshing plants close and purify them.

### CITRUS ESSENCE

Antioxidant and Vitamin C. | 60 minutes

Citric Aromatherapy Treatment For Glowing Skin

This exquisite treatment awakens your senses by giving your skin all the energy of vitamin C. The extraordinary antioxidant treatment repairs even the most damaged skin, revealing fully hydrated and revitalized skin that will make your face radiant. Its delicious citrus aroma and rich textures make this treatment unforgettable.

### DIAMOND LIFE INFUSION

Anti-aging facial. 90 minutes | The Art Of Rejuvenation

This is an innovative treatment that breathes new life into your skin with a potent rejuvenating action. This all-encompassing treatment provides firmer, brighter, visibly younger looking skin. It redefines your facial contours, improving skin texture and reducing fine lines and wrinkles, all in just one session. As each ingredient penetrates, it is magnetically stimulated and helps regenerate the skin on your face, neck and décolletage.



### ADD-ON - ESSENTIAL EYES

Nutritious, Refreshing Look. 30 minutes

The delicate skin of your eyes, subjected to the constant movements of your expressions, requires precise, careful treatment to prevent and treat wrinkles and fine lines. With our gentle treatment, you'll discover a new rejuvenated appearance, free of puffiness and dark circles. This is definitely the treatment that can come to the rescue when you need to look good for a special event!